

FORGOTTEN OR LOST PASSWORD

when you ask for a new password because you may have forgotten it, it can take a few hours to sent the new one, and because its a system generated email it may end up in your spam/junk email folder... so its worth checking.

If the new password is not accepted, simply refresh your internet browser and retry.

once logged on you can then set your self a new password.

NEW PAYMENT DETAILS - BECAUSE YOUR CARD HAS EXPIRED etc.

once your current membership date has expired you can then log back on to your account and simply start a new membership, this give you the chance to enter any new card detail etc. This only works once your current member date has passed.

The great thing is you still keep the same log in password and email address.